

WHAT IS BIODECODING?

Biodecoding is based on the idea that diseases have an emotional or unconscious origin and can be "de-programmed". This denies God's action in healing and reduces human suffering to mere psychological patterns.

HISTORICAL ORIGIN

Biodecoding was developed by Christian Flèche, a former French nurse, who was inspired by various pseudoscientific currents, including:

- **New Germanic Medicine** by Ryke Geerd Hamer, who argues that diseases have an emotional origin linked to unresolved psychological conflicts.
- **Concepts of psychoanalysis**, reinterpreted without scientific rigor, especially the idea that unconscious traumas affect physical health.

Flèche structured these ideas into a system that seeks to "decode" the emotional conflicts that supposedly cause illness, promoting the idea that these can be resolved by becoming aware of the underlying emotional conflict.

In **Argentina**, the person who had the most influence on the dissemination of biodecoding was Enric Corbera. His work combines Christian Flèche's biodecoding with:

- **Quantum physics**: A superficial and unscientific use of concepts such as energy and interconnection.
- **New Age spirituality**: Elements of Eastern thought, meditation, and beliefs about self-healing through the mind.
- **Key elements of his approach** include the idea that illness is an unresolved emotional conflict.

Corbera complements his proposal with practices such as meditation and energy healing techniques, consolidating its syncretic character.

WHAT TO DO INSTEAD OF PRACTICING BIODECODING?

Have recourse to the sacraments, especially Confession and the Eucharist.

Seek spiritual guidance and psychological support based on Christian truth.

Pray with trust in God's Will.

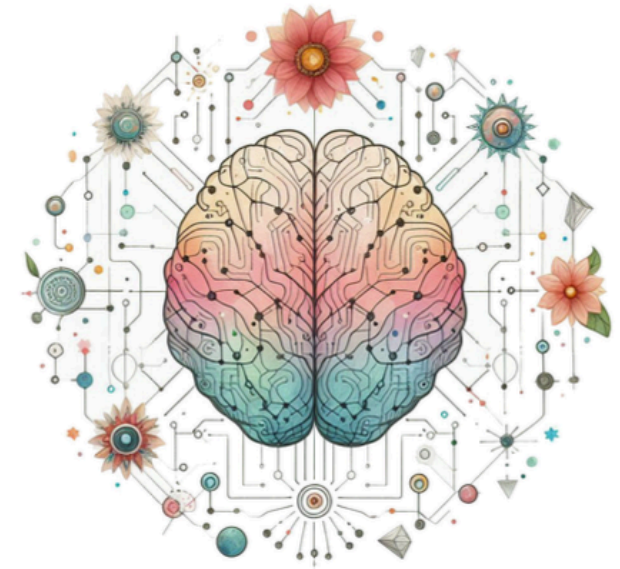
Illness should be viewed with hope, as a way to be united with Christ on the cross.

"COME TO ME, ALL YOU WHO LABOR AND ARE BURDENED, AND I WILL GIVE YOU REST."
(MT 11,28)



If you have any questions, please consult your parish priest or spiritual director.

BIODECODING



WHAT IS IT AND WHAT DOES IT IMPLY FOR CHRISTIANS?

A view from the
Catholic faith

KEY CONCEPTS

Emotional Origin of Illness: Biodecoding states that physical illnesses have their origin in deep emotional or psychological conflicts. Healing these conflicts would also resolve physical problems, which can divert people from proven medical treatments.

Transgenerational Memories: Holds that unresolved emotional traumas are passed down as "ancestral energies," influencing the health and behavior of future generations. This idea has no scientific basis and is incompatible with Christian teaching, which does not recognize the transmission of "emotional energies" as a spiritual inheritance.

Healing Energies and Vibrations: Biodecoding and NMG suggest that frequencies, sounds, or thoughts can heal by acting on the body at a vibrational level. These esoteric beliefs, based on "subtle energies", have no basis in Christian anthropology or scientific medicine.

Beliefs in Karma and Destiny: Although Biodecoding does not always mention karma explicitly, it does suggest that family problems or "inherited energies" affect people's destiny and health. These notions, typical of esotericism and the New Age, contradict the Christian faith.

Spiritual syncretism: Mixes ideas of Eastern mysticism, esotericism and symbolism, assigning emotional or spiritual meanings to organs and diseases. This syncretism contradicts the Christian view of the human body as a temple of the Holy Spirit and the work of God.

CRITICAL REVIEW FROM THE CATHOLIC FAITH

1. Reduce the disease to the emotional realm

While it is true that emotions can influence health, Biodecoding ignores biological, environmental, and spiritual aspects. From the Christian faith, illness is not only an emotional "error", but part of the mystery of human suffering that can be redemptive.

"ALTHOUGH OUR OUTER SELF IS WASTING AWAY, OUR
INNER SELF IS BEING RENEWED DAY BY DAY."
(2 COR 4,16)

2. Promote spiritual syncretism and relativism

Corbera mixes Christian concepts (such as forgiveness) with Eastern and pseudo-scientific beliefs, diluting the truth of the Gospel. This can confuse the faithful and lead them away from the sacraments and trust in God.

"NO ONE CAN BE THE SLAVE OF TWO MASTERS."
(MT 6,24)

3. Self-healing as a replacement for God

Corbera's approach places the human being at the center of his own salvation, excluding the action of divine grace. This contradicts the Christian faith, which teaches that healing (physical, emotional, and spiritual) comes from God, through the sacraments and prayer.

"FOR I, THE LORD, AM YOUR HEALER."
(Ex 15,26)

4. Spiritual and psychological dangers

Instead of alleviating, it can generate guilt in the patient by suggesting that the illness is a consequence of their own emotional conflicts. By introducing New Age ideas, you expose people to spiritual risks, such as openness to influences other than the Holy Spirit.

"BELOVED, DO NOT TRUST EVERY SPIRIT
BUT TEST THE SPIRITS TO SEE WHETHER THEY BELONG
TO GOD, BECAUSE MANY FALSE PROPHETS HAVE GONE
OUT INTO THE WORLD."
(1 . JOH 4,1)

WARNINGS FROM THE CHURCH ABOUT NEW AGE

The exorcism ministry and several priests have warned about New Age practices, such as biodecoding, that are incompatible with the Christian faith. Documents such as the *Letter on Some Aspects of Christian Meditation* (1989) and *Jesus Christ, Bearer of the Water of Life* (2003) criticize how these currents replace the Christian vision of God and salvation.

For example, the *Letter on Some Aspects of Christian Meditation* warns that seeking alternative methods of healing or spiritual growth that do not depend on God can be spiritually dangerous, and the report highlights that practices based on cosmic energy and human self-sufficiency contradict the Christian view of a personal, provident God.